

## THE TRAINING CORNER

Volume 2 Issue 7 July 2012





# THE DEPARTMENT OF MENTAL HEALTH AND SUBSTANCE ABUSE SCORES BIG WITH THE GUAM POLICE DEPARTMENT!

The Dededo Police Precinct training room was large and imposing when I walked in that morning. Mike Aguon and Emily Charfauros, Guam Police Department's Staff Development and Training Officers, had already sat the room up but the steely watch of the police supervisors took a little getting used to, regardless how well prepared I thought I was. The Department of Mental Health and Substance Abuse looked like it was about to face a tough crowd and not one of the supervisors looked like they were going to break out in a song of" Com Baya" anytime soon. Luckily, I had real experts with me so I didn't feel the anxiety one normally does when he or she is in a room full of cops! The Department of Mental Health and Substance Abuse was there as part of the First Responders' Training Community Outreach and, after some initial set-backs with electronics, the crowd began to warm up to us. Mr. Don Sabang started the training by explaining how the intake procedures for those needing Drug and/or Alcohol services worked. It was quickly apparent to all attending that he knew what he talking about and questions began to flow from all around the room. I followed up with a briefing concerning Autism and quickly turned the floor over to Ms. Melena Slaven, Dr. Hope Cristobal, Ms. Nadine Cepeda and Ms. Rosemin Sago-an. They held the officers' attention for a full two hours before lunch. All in all, the training was quite successful and the afternoon training (2:00 P.M. until 5:00 P.M) was equally successful with the addition of Ms. Althena Diaz from Community Support Services filling in as a guest speaker. "The need for these type of trainings were always a good idea but the number of personnel attending, over thirty five (35) and the valid concerns brought up, gives us a starting point to addressing police concerns" said Joe Foster, D MHSA Staff and Development section. Ms. Roberta Guzman was the administrative records keeper for the forum, her minutes are attached. In addition, an e-mail is attached from Ms. Emily Charfauros thanking the department for the "Outstanding" support. Great Job Team DMHSA!!!!!!!!!!!!!!!!!!!!!!!!!

The Training Corner 7

## FIRST RESPONDERS TRAINING SEMINAR MINUTES DEDEDO PRECINCT

#### 9:00 A.M. 12:00 P.M. & 2:00 P.M. 5:00 P.M., 25 JULY 2012

Joseph Foster, Staff Development and Training, introduced the Department of Mental Health & Substance Abuse (DMHSA) seminar Subject Matter Experts:

- A. Dr. Hope Cristobal, Psychology Division
- B. Ms. Nadine Cepeda, Adult Counseling
- C. Ms. Melena Slaven, Staff & Development
- D. Ms. Rosemin Sago-an, Nursing Services
- E. Mr. Don Sabang, Drug and Alcohol Treatment
- F. Ms. Althena Diaz, Community Support Services (2:00 P.M. 5:00 P.M.)
- 1. Slides and a video on "What is Autism," gave a brief summary on the symptoms, social and physical effects, medical research and statistics. After the briefing he suggested to the attendees to go on the internet, Google You tube, and look up "Autism and the Police Officer."
- 2. A video on Health Insurance Portability and Accountability Act (HIPAA). Ms. Slaven gave a brief overview on the history of HIPAA and why the law keeps health records information confidential.
- 3. Mr. Don Sabang did a presentation on Substance Abuse. His topic focused on several areas; brief history, symptoms, treatment/assessment, and evidence based therapies. He also covered areas in philosophy, medical and social recovery techniques and support to include self help groups; various detox services and other resources that provide contract services for recovery. Also discussed was the education and intervention services provided by DMHSA
- 4. Ms. Slaven, Dr. Cristobal, and Ms. Cepeda conducted a "tag team "presentation on mental illnesses, emotional crisis and physical disabilities. The topics also covered recognizing signs and effective communication methods. Handouts were distributed to the attendees with helpful tips on how to use effective communications in different situations. A glossary of mental health terms was also distributed.
- 5. Ms. Slaven, on behalf of Ms. Reina Sanchez, distributed handouts on how to care for oneself after a critical incident stress reaction.
- 6. Ms. Nadine Cepeda talked about cultural considerations and differences. She asked the attendees to be mindful of other cultures; their body language, eye contact, and tone of voice. She emphasized that these things can be deceiving to another person from a different culture.
- 7. Dr. Hope Cristobal stressed that first responders should never argue with an individual with an unstable mind. She reminded them that a proven work around for dealing with those with an unstable mind is utilizing "finesse."
- 8. Ms. Althena Diaz gave a brief overview of the programs offered by Community Support Services. She spoke about:
  - a. Social Workers trained to provide supportive counseling;
  - b. Recovery of adults with illness and their families
  - c. Educating consumers and their families
  - d. Networking with other government entities and advocacy for consumers.

- 9. Ms. Rosemin Sagoan discussed the 72 hour hold with Dr. Cristobal mentioning that the 72 hour hold is effective if there is harm to self or others or grave disability (meaning that they are not in a state of mind to function on their own).
- 10. GPD officer questioned the absence of Guam Memorial Hospital (GMH) and the protocol between GMH and DMHSA. GPD's primary concern is the length of time that it takes a person in custody to be seen by a doctor. Ms. Emily C. Charfauros, Guam Police Department Staff Development section stated that the issue is known about and is in the process of being resolved. She asked that GPD attendees not place blame but requested that they keep an "open mind." Ms. Sagoan discussed the protocol between GMH and DMHSA, she stated that GMH must give medical clearance/release from a doctor before DMHSA can provide services to a "never before seen" patient.

The seminar was concluded with favorable comments and a promise to hold another such meeting within three (3) months of this one. The situation is pending coordination

#### AN E-MAIL FROM GPD'S STAFF DEVELOPMENT AND TRAINING

Joe,

If you can, please pass on a high five and a big thank you to your staff for the Wed. training. Evals gave rave reviews for your staff. I'll have copies to share with you. We have to give hats off to Melena for the first group session. It's always the seniors who try to be the life of the party. This is rekindling our training relationship with our agencies for our personnel. The best part of this are the skills gained to provide proper services for the community with disabilities. I have some handouts left over which we will make available to the troops. I'll prep the certificates for signatures and distribution first thing next week. This is rekindling our training relationship with our agencies for our personnel, and we are pleased with what we started.

Thanking you again for your help. Have a great weekend!

**Emily** 

SgtI Emily C. Charfauros Guam Police Department Training & Staff Development Section Building 233 Central Ave. Tiyan, Guam 96923 (671) 475-8423/441 emily.charfauros@gpd.guam.gov



#### DID YOU KNOW...

**That Red Cross individuals** must attend Disaster Preparedness Training before the Red Cross could call them out for a disaster? The attendance of Red Cross' CPR/AED/First Aid training does not make you qualified for Disaster Responses according to David Peredo, Guam's Red Cross Chapter Coordinator. "If you choose to become a disaster response candidate, the attendance of these classes are mandatory but there's more requirements that must be met before you become eligible to become a disaster response team member" said David Peredo, during a telephone conversation on 6 August 2012. Individuals that wish to become disaster qualified can call the Red Cross Chapter at Guam Red Cross bldg. 285, Rt. 4 Hagatna, Guam 96910, Telephone: (671) 472-6217 | Fax: (671) 477-2721

That SAMHSA has some interesting stories at the websites below?

http://www.samhsa.gov/samhsaNewsletter/Volume20Number2/underage-drinking-campaign.aspx

http://www.samhsa.gov/samhsaNewsletter/Volume\_20\_Number\_2/diverse-behavioral-healthcare.aspx

http://www.samhsa.gov/samhsaNewsletter/Volume 20 Number 1 /studyfi ndsoneinfive.aspx

The World Health Organization Report of the Regional Director dated 1 July 2011 to 30 June 2012 is available for those who are interested. Documents listed below for the 63<sup>rd</sup> Session of the Regional Committee for the Western Pacific:

WPR/RC63/1 Rev. 1	Provisional agenda		
WPR/RC63/2	Report of the Regional Director		
WPR/RC63/3	Programme budget 2010-2100: budget performance		
	(final report)		
WPR/R63/4*	Draft proposed programme budget 2014 – 2015		
WPR/R63/5	Violence and injury prevention		
WPR/R63/6	Neglected tropical diseases		
WPR/R63/7	Measles elimination		
WPR/R63/8*	Nomination of the Regional Directors: code of conduct		
WPR/R63/9	International health regulations		
WPR/R63/10	Nutrition		
WPR/RC63/11	Progress reports on technical programmes		
	<ul> <li>Tobacco control</li> </ul>		
	<ul> <li>Healthy settings</li> </ul>		
	<ul> <li>Noncommunicable diseases</li> </ul>		
	<ul> <li>Health-related Millennium Development Goals</li> </ul>		
	Health financing		
	Malaria and artemisinin resistance		
	<ul> <li>Expanded programme on Immunization</li> </ul>		
	HIV/AIDS prevention and treatment		
WPR/Rc63/12	Coordination of the work of the World Health Assembly, the		
	Executive Board and the Regional Committee		
WPR/RC63/13	Special Programme of Research, Development and Research Training		
	in Human Reproduction: Membership of the Policy and		
	Coordination Committee		

**That the following personnel** will need to schedule for 1 on 1 PCMA re-training this month? The training requires 3 hours of retraining and retest... See the calendar below for the available training dates. The following personnel are affected; Jonathan Champaco, Pau l Muna, Chad Palomo, Veona Untalan and Carolyn Zieber.

### **CALENDAR OF EVENTS FOR AUGUST 2012**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	
6	7	8	9	10
OSHA TRAINING	OSHA TRAINING	OSHA TRAINING	OSHA TRAINING	OSHA TRAINING
9:00 A.M. – 5:00 P.M.	9:00 A.M. – 5:00 P.M.	9:00 A.M. – 5:00 P.M.	9:00 A.M. – 5:00 P.M.	9:00 A.M. – 5:00 P.M. RED CROSS TRAINING
				DMHSA SECURITY GROUP
				5:00 P.M. – 10:00 P.M.
13	14	15	16	17
	1 on 1 PCMA Recertification Training Session Available	1 on 1 PCMA Recertification Training Session Available	1 on 1 PCMA Recertification Training Session Available	
20	21	22	23	24
	1 on 1 PCMA Recertification Training Session Available	1 on 1 PCMA Recertification Training Session Available	1 on 1 PCMA Recertification Training Session Available	
27	28	29	30	31
	PCMA 10 SEATS AVAILABLE	PCMA 10SEATS AVAILABLE	PCMA 10 SEATS AVAILABLE	PCMA 10 SEATS AVAILABLE
	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 5:00 P.M.	8:00 A.M. – 5:00 P.M.